

PRESENTATIONS & CLINICAL TRAININGS on Digital Media Overuse/Problematic Behaviors

- Colorado Council on High School/College Relations Annual Conference -school administrators, counselors, and teachers, **“The impacts of Internet abuse and student performance in higher education,”** Colorado Springs, CO, December 2012
- Insight Intensive Young Adult Residential Program, treatment staff, **“Technology Dependency; Internet, Gaming, Mobile Phones”**- Ward, CO, January 2013
- Temple Grandin School- Community Event, **“Internet Addiction, Fad or Fiction,”** community event, Boulder, CO, April 2013
- Kaiser Permanente - Pediatricians & Nurses, **“Internet Technology and Implications for Children and Teens,”** Denver, CO, Nov 2014
- Colorado Rocky Mountain School- Teachers, Counselors, and Administrators, **“Internet Technology in the Boarding School Environment,”** Carbondale, CO, Aug 2015
- Wilderness Symposium National Conference – Academic and Treatment Program Professionals, **“Problematic Internet Use: implications for addiction, attachment, and treatment,”** Park City, UT, August 2015
- University of Colorado at Boulder, Campus- Students and University Staff, **“Internet Technology & Video Game Overuse on the College Campus Workshop,”** Boulder, CO, February 2016
- School of Mines Campus– Campus Wide, **“Internet and Video Games on the College Campus,”** Golden, CO, April 2016
- Boulder Valley School District– **“Screenagers,”** participated on panels and break-out educational sessions for teachers and parents:
 - Monarch High School, Broomfield, CO, January 2017
 - Platte Middle School, Boulder, CO, January 2017
 - Nederland High School, Nederland, CO, Feb 2017
- School of Mines – Counseling & Disability Services Team, **“Technology Use and Academics,”** Golden, CO, April 2017
- **“[Screen time in Schools](#) - Clinical Implications,”** Community Presentation, Denver, CO, April 2017
- Colorado Recovery – Program & Clinical Team, **“Digital Media Overuse and Clinical Implications,”** Boulder, CO, August 2017
- University of Colorado at Boulder, International Student English Program- Students, Advisors and Professors, **“Digital Media Use & Academic Success,”** Boulder, CO, December 2017
- Monarch Elementary School – Teachers & Parents, **“Digital Media Abuse & Addiction,”** Louisville, CO, May 3, 2018
- Louisville Middle School, Boulder Valley School District –Parents, Students & Teachers, **“Screenagers,”** Louisville, CO, November 15, 2018
- Centennial Middle School, Boulder Valley School District – Technology Panel of Experts- Parents & Teachers, Boulder, CO, March 7, 2019

- CGTN America, Hendrik Sybrandy interviews Tracy Markle, **“Therapists report an increase in cases of Internet Addiction,”** March 13th, 2019
- Boulder Interdisciplinary Committee - CFI/PRE's, Attorneys, and Therapists who work with divorced families – **“Internet Issues and Parenting Plans: What CFIs, Attorneys and Mental Health Providers Need to Know about Digital Media Overuse,”** Boulder, CO, May 1, 2019
- Which Way Podcast, **“Living in a Digital World; Are We Connected or ADDICTED?,”** Podcast, July 19, 2019
- A&E Network, **“Digital Addiction”** aired on September 6, 2019
- Fire Mountain Residential Program - Adolescents and Families- Milieu and Clinical Staff, **“What is Digital Media Overuse?,”** Lyons, CO, October 2, 2019
- Open Sky Wilderness Program – Training for Clinical Team, **“FITS-IA Foundation Training; Introduction to Digital Media Overuse, Assessment, Intervention & Treatment,”** Durango, CO, October 10-11th, 2019
- Temple Grandin School- Parents, Students and Teachers, **“Digital Media Overuse,”** Boulder, CO, November 4, 2019
- Boulder Library Talk, Sponsored by Colorado Recovery & Open Sky Wilderness Program, Professionals, **“An Introduction to Digital Media Overuse & Treatment,”** Boulder, CO, November 19, 2019
- Peak to Peak Charter School- Parents and Teachers, **“Devices and Digital Media- The Developing Brain Can’t Get Enough!,”** Lafayette, CO, January 22, 2020
- Parent Engagement Network, Stress and Anxiety Symposium- Community Event, **“Growing up Wired = Growing up Anxious?,”** Boulder, CO, January 25, 2020
- University of Colorado at Boulder, Students, **“Social Media and the Mind,”** Boulder, CO, February 24, 2020
- Fusion Academy-Denver Campus, School administration, counselors, and teachers, **“How to Manage Screen Time When School is Online,”** Webinar, May 8, 2020
- Children’s ScreenTime Action Network- Professionals and Parents, **“Is it Video Game Addiction or Not?,”** Webinar, June 22, 2020
- Fusion Academy, Atlanta, Georgia Campus, School administration, counselors, teachers, &community professionals. **“How to Manage Screen Time When School is Online,”** Webinar, July 14, 2020
- Peak to Peak Charter School, teachers, administrators, counselors, and parents/guardians, webinar, **“Effectively Navigating Our Interdependence on Devices in The Era of Covid-19,”** Sept 16, 2020
- University of Colorado at Boulder, Students, **“Social Media and the Mind,”** Boulder, CO, September 23, 2020
- RECOVER YOURSELF Podcast, MartinJon: Recovery Mentor, **“The Trojan Horse in the Hands of Children,”** Podcast, Nov 10, 2020
- University of Colorado at Boulder- Students, **“Social Media and the Mind,”** Boulder, CO, February 7, 2021
- Screen Strong Podcast, **“Helping Your Children Avoid Screen Addiction,”** Podcast, April 6, 2021
- Digital Media Treatment & Education Center- Professionals, **“Introduction to Digital Media Overuse; Assessment, Intervention and Treatment,”** CE, Webinar, April 16, 2021

- Digital Media Treatment & Education Center- Professionals, **“Introduction to Digital Media Overuse; Assessment, Intervention and Treatment,” CE**, Webinar, July 16, 2021
- LA Talk Radio, Every Voice Matters Radio Show, **“Digital Media Overuse,”** Oct 14, 2021
- University of Colorado at Boulder- Students, **“Social Media and the Mind,”** Boulder, CO, October 20, 2021
- University of Colorado at Boulder- Students, **“Social Media and the Mind,”** Boulder, CO, February 7, 2022
- Boulder Interdisciplinary Committee - CFI/PRE's, Attorneys, and Therapists who work with divorced families, **“Screentime Exposure & Mental Health,”** Boulder, CO, Webinar, March 2, 2022
- Australia, Professionals, **“Building Success for Neurodiverse People in Education and Employment,”** Professionals in Australia, Webinar, April 25, 2022
- University of Denver, DU Men’s Soccer Team & Coaches, **“Digital Media Overuse, Impacts on Performance,”** DU Campus, April 27, 2022
- Tara Performing Arts School, Boulder, CO- Teachers, Administrators & Parents, May 4, 2022
- Digital Media Treatment & Education Center- Professionals, **“Introduction to Digital Media Overuse; Assessment, Intervention and Treatment,” CE**, Webinar, October 7, 2022
- Crestview & Foothills Elementary Schools, Boulder, CO- Teachers, administrators, & parents, **3-Part Tech Talk**; March 9, March 23, April 25, 2023
- Speak Up Reach Out, Summit and Eagle Counties, **Digital Media Overuse for Parents and Community Members**, April 6, 2023
- Speak Up and Reach Out, Summit and Eagle Counties; **Digital Media Overuse, Professional CE training**, April 7, 2023
- Watershed School, Boulder, CO- Parents, Teachers, Administrators, **“The Balancing Act; Screentime & Mental Health,”** April 17, 2023
- Eurocross Academy- Athletes, Coaches, Parents, **“Athletic Performance in the Digital Age; Protecting Your Mental Toughness”**; July 26, August 8, and August 16, 2023
- Claudia Black Center – Clinical leadership team, **“Digital Media Overuse; Assessment, Intervention, Treatment”**; 10-hour training; May 24, June 14, June 21, 2024
- Comprehensive Youth Services – Clinicians and Directors, **“FITS-IA; Introduction to Digital Media Overuse; Assessment, Intervention, Treatment”**; 6-hour training; June 11th, 2024
- **“Tech Talk” and Q&A for Elementary Age Families**; ; Louisville, CO, December 12th, 2024